
T-Shirt Size: (Circle one)Youth S M L
Adult S M L XL**Pant Size: (Circle one)**Youth S M L XL
Adult S M L XLFather's Name:
_____Father's Phone:
_____Mother's Name:
_____Mother's Phone:
_____Emergency Name and Contact:

I hereby certify that my child is capable of safe participation in this children's sport. I assume all risk(s) and hazards incidental to the play of this sport. I hereby authorize Ferguson Children's program to obtain medical treatment for my child in the event that parents and emergency contact cannot be reached.

____ Yes ____ NO Pictures of my child taken during the events may be publicized.

Parent Signature:

Sport MMA Information

*****SAFETY, DISCIPLINE AND RESPECT ARE FUNDAMENTALS OF SPORT MMA AND TRADITIONAL MMA*****

Sport MMA is a sport format of Mixed Martial Arts that allows controlled strikes [light contact and semi contact sparring] as opposed to the 'full contact' nature of existing amateur and professional MMA fights. Sport MMA provides a platform for kids and teenagers [both male and female] to train and compete within a safe environment of the sport while training in all the different aspects of real MMA namely striking, takedowns and ground fighting. We are not taking away anything from the true nature of 'Mixed Martial Arts' rather solidifying its concepts through a scoring and point system easy to understand to the masses.

The fundamentals of Sport MMA comprise of techniques from traditional karate, Brazilian jiu-jitsu, judo, taekwondo and wrestling. It is a more realistic yet cultured approach to promoting the Mixed Martial Arts to children and women.

2018 MMA Sport Season Information

How the league works...The Light contact rules focus on three mandatory scoring points: one for striking, one for a takedown [with a follow up score] and one for a submission [or a submission attempt with proper form]. The first player to score all three full points will be declared the winner. Alternatively, the player leading with the highest score at the end of the time limit wins. In the case of a draw at the end of the time limit a 30 second 'sudden death' [a single technique score from any of the above] declares the winner.

Ferguson Church Sport MMA 2018 Tournament



Ferguson Church of the Nazarene
1309 N. Elizabeth Ave.

Ferguson MO, 63135

Email: churchoffice@fergusonchurch.org**Phone Number:** (314) 522-3388

2018 Ferguson Church of the Nazarene Sport MMA Tournament.

Anyone (male or female) between the ages **7yrs - 13yrs** will be allowed to compete

How the season is organized:

The first 4 weeks will be entirely focused on training. Teaching proper moves, kicks, punches, takedowns etc... At the conclusion of the first 4 weeks all athletes will be divided into teams which will begin the last 4 weeks of team competition. Again this league is NOT full contact and your athletes will be instructed on how to score points at minimal contact. Practices will be held on Saturday's during the training portion of the season and throughout the week during the competition portion. During our training portion everyone will be together practicing on Saturday afternoons.

Registration/Dates and what it includes:

Standard Registration Feb. 16th till Mar 24th. **\$70.00** per athlete

This year your registration will cover your athlete's shirt and karate pants. It will also help with league fee, paying for equipment, trophies/certificates and end of season tournament.

Registration Fee does not cover the athletes shin guards or gloves (MMA gloves or kickboxing gloves) each athlete is responsible for these items.

Registration: Now until March 24th @ 9am (onsite registration).

First Training Day: Saturday, Mar 24 @ 9am
During the season March 24th to May 12th training will happen on Saturday's from 9-10:30am (all athletes are encouraged to bring water and a snack if they like)

Award Ceremony: Friday, May 11th at Ferguson Church of the Nazarene.

Meet our Director and Head Instructor

Lead Director: Dan Isaac

Coach Dan Isaac has been the pioneer of MMA in India. His 26 years of teaching experience in the martial arts adding to his ground breaking work for MMA in India and they granted him the opportunity to move to the US in June 2016. Since then he has taken upon himself the responsibility to teach martial arts based fitness across the St. Louis Area. He is currently teaches at the Missouri Athletic Club, UMSL, The Downtown YMCA and the City of Maryland Heights Rec Center. Dan is also a pastor and member of Ferguson Church of the Nazarene where classes are held and the first USA location to host a Sport MMA Event. Sport MMA is the brainchild of Coach Dan Isaac who founded it during his years of teaching in India. This is a golden opportunity for the kids in Ferguson and Florissant to train and learn from an experienced martial arts instructor.



Meet our International Supervisor: Alan Fenandes

Alan Fenandes is one of the pioneers of MMA and BJJ in India, from being India's first ever MMA fighter to compete in International MMA [UK 2004] to being featured on the main event at Martial Combat Singapore against TUF famous Ray Elbe, Alan has been involved with all major developments of the sport of BJJ and MMA in India. Currently a purple belt and with 7 years of BJJ training under experts like Marcus Olivera, Pedro Schmall and Carlos Santos, Alan is also on the national board of the All India Mixed Martial Arts Association and is a member of the world's biggest body for Brazilian Jiu Jitsu. Also was the COO of Super Fight League from 2013-2014. Alan is based out of Nasik India and will be attending the Finals in the role of International Supervisor on behalf of the Sport MMA World Headquarters (AIMMAA).



Registration

Athlete's Name: _____

Age: _____ M _____ F _____ Weight: _____

Address: _____

Phone Numbers:

Primary: _____

Secondary _____
Email: _____

Best Contact Method: _____

Player Experience: _____

Home Church: _____

Special Health Needs: _____

I would be willing to help with (no experience is needed, all coaches will be trained):
_____ coaching _____ asst. coaching

Siblings in league and age: _____

***Each athlete will need to purchase their own shin guards and gloves (MMA gloves or kickboxing gloves) ***